

# Michelle Miller-Day, PhD

## *Publications*

### *Books*

**Miller-Day, M.** (Under Contract, in progress). *Translational Research: Moving From Discovery to Practice*. Cognella Press.

Alford, A. M. & **Miller-Day, M.** (Eds.)(2019). *Constructing motherhood and daughterhood across the lifespan*. New York, NY: Peter Lang.

**Miller-Day, M.** (Ed.) (2011). *Family communication, connections, and health transitions: Going through this together*. Health Communication Series, Vol. 1. G. Kreps (series editor). New York, NY: Peter Lang.

Nussbaum, J., **Miller-Day, M.**, & Fisher, C. (2009). *Communicating intimacy in older adulthood*. Editorial Aresta Publishers.

Nussbaum, J.F., Miller-Day, M. & Fisher, C. (2009). Les relations intimes en la madursa. Girona, Spain: Editorial Aresta.

**Miller-Day, M.** (2004). *Communication among grandmothers, mothers, and adult daughters: A qualitative study of women across three generations*. Mahwah, NJ: Lawrence Erlbaum Associates Publishing.

\*Recipient of the 2010 National Communication Association, Family Communication Division Scholarly Book Award

\*Recipient of the 2008 National Communication Association, Applied Communication Division Scholarly Book Award

**Miller, M.**, Alberts, J. K., Hecht, M. L., Trost, M., & Krizek, R. L. (2000). *Adolescent relationships and drug use*. Mahwah, NJ: Lawrence Erlbaum Associates Publishing.

### *Edited Journal Volume*

Kam, J. A., & **Miller-Day, M.** (Eds) (2017). A family communication perspective on substance use prevention, intervention, and coping [Special Issue]. *Journal of Family Communication*, 17 (1), 1-88.

### *Journal Articles*

**Miller-Day, M.**, Craw, E., Harris, D., & Hecht, M. L. (2022). "Men's Stories: An Account of Translating Young

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- Pezalla, A. E., Choi, H., McKee, F., **Miller-Day, M.**, & Hecht, M. (2022). The Student Athlete Wellness Portal: Translating Student Athletes' Prescription Opioid Use Narratives into a Targeted Public Health Intervention. *Medicina*, 58(11), 1642.
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- Craw, E.S., Buckley, T. M., & **Miller-Day, M.** (2022). "This isn't just busy, this is scary": Stress, Social Support, and Coping Experiences of Frontline Nurses during the COVID-19 Pandemic. *Health Communication*, 1-11. DOI: 10.1080/10410236.2022.2051270
- Leader, A. E, **Miller-Day, M.**, Rey. R. T., Selvan, P., Pezalla, A., & Hecht, M.L. (2022). The impact of HPV vaccine narratives on social media: Testing Narrative Engagement Theory with a diverse sample of young adults. *Preventive Medicine Reports*, 29, 101920.
- Choi, H., **Miller-Day, M.**, Greene, k. Glenn, S., Lyons, R. & Hecht, M.L. (2022). A snapshot of parenting practices useful for preventing adolescent vaping. *Addictive Behaviors Reports*, 15, 100418.
- Craw, E., Buckley, T., **Miller-Day, M** (2022). "Like Being Deployed to War": Stress and Resilience in Frontline Nurses During the COVID-19 Pandemic. *Health Communication*
- Hecht, M. L., BeLue, R., Ray, A., Hopfer, S., **Miller-Day, M.**, & Mckee, F. (2021). HPV Vaccine Intent among Adult Women Receiving Care at Community Health Centers. *Journal of Cancer Education*, 37(4), 1186-1193.
- Hecht, M.L., Greene, K. Ray, A., Pristavec, T., **Miller-Day, M.** & Banerjee, S. C. (2021). Comparing self-report, observational, and program analytic data as measures of engagement in an online learning, active involvement intervention to reduce substance use among adolescents. *Educational Technology Research and Development*.
- Ray, A. E., Greene, K., Pristavec, T., **Miller-Day, M. A.**, Banerjee, S. C., & Hecht, M. L. (2021). Exploring indicators of engagement in online learning as applied to adolescent health prevention: A pilot study of REAL media. *Educational Technology Research and Development*, 68(6), 3143-3163. doi: 10.1007/s11423-020-09813
- Craw, E. & **Miller-Day, M.** (in press). Understanding First Responders' Perspectives of Mental Health Communication within Their Departments (MCQ-22-016), *Management Communication Quarterly*.
- Hecht, M. L., BeLue, R., Ray, A., Hopfer, S., **Miller-Day, M.**, & Mckee, F. (2021). HPV Vaccine Intent among Adult Women Receiving Care at Community Health Centers. *Journal of Cancer Education*, 1-8.
- Hecht, M.L., Greene, K. Ray, A., Pristavec, T., **Miller-Day, M.** & Banerjee, S. C. (in press). Comparing self-report, observational, and program analytic data as measures of engagement in an online learning, active involvement intervention to reduce substance use among adolescents. *Educational Technology Research and Development*.
- Ray, A. E., Greene, K., Hecht, M. L., Barriage, S. C., **Miller-Day, M.**, Glenn, S. D., & Banerjee, S. C. (2019). An e-learning adaptation of an evidence-based media literacy curriculum to prevent youth substance use in community groups: Development and feasibility of REAL media. *Journal of Medical Internet Research: Formative Research*, 3(2). doi:10.2196/12132
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Shin, Y., **Miller-Day, M.**, Hecht, M. L., & Krieger, J. L. (2017). Entertainment education videos as a persuasive tool for school-based substance use prevention intervention, keepin’ it REAL. *Health Communication*, 33(7), 896-906. DOI: 10.1080/10410236.2017.1321163

**Miller-Day, M.**, Applequist, J., Zabokrtsky, K., Dalton, A., Kellom, K., Cronholm, P.F., & Gabbay, R. (2017). A tale of Four Practices: A comparative analysis of high- and low-performing Patient-Centered Medical Homes. *Journal of Health Organization and Management*, 31 (6), 630-646.

\* **Awarded the Emerald Literati Award (2018). Outstanding Paper in the Journal of Health Organization and Management.**

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\* **Awarded article of the year award (2017). Journal of Family Communication.**

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Stuckey, H. L., **Miller-Day, M.**, Kraschnewski, J. L., Palm, K., Larosal, C., & Sciamanna, C. N. (2014). "Weighing" qualitative methods: Interviews and observations in research. *Field Methods*, 26 (4), 343-361.

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## **Book Chapters**

**Miller-Day, M.**, Ray, A. E., Hecht, M.L., & Turissi, R. (2022). Strengthening Families through Web-Based Interventions: Developing and Assessing Feasibility of the “Parenting Now!” Program. In M. R. McGinley, J. K. Burk, J.S. Ward (Eds.) *Communicating with our Families: Technology as Continuity, Interruption, and Transformation*. Lexington.

**Miller-Day, M.**, & Hecht, M. L. (2022). Keepin’ it REAL when Developing Narrative Health Messages (pp. 149-164). In A. Goodboy and K. Schultz (Eds.), *Introduction to Communication Studies: Translating Scholarship into Meaningful Practice*. 2<sup>nd</sup> edition. Kendall/Hunt.

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**Miller-Day, M.** (2019). Memorable moments: Turning points in the mother-daughter relationship from childhood to mid-life. In A. Alford and M. Miller-Day (Eds). *Constructing motherhood and daughterhood across the lifespan*. New York, NY: Peter Lang.

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- Miller-Day, M., & McManus, T. (2009).** Work-family dynamics and parent-adolescent communication in working poor families. In T. Socha and G. Stamp (Eds). *Parents and children communicating with society: Managing relationships outside the home* (pp. 56-79). Mahwah, NJ: Lawrence Erlbaum.
- Miller-Day, M., & Fisher, C. (2009).** Family communication and disordered eating behaviors. In J. Fuchs (Ed.) *Eating disorders in adult women* (pp. 1-20). Nova Science Publishers.
- Hecht, M. L., & **Miller-Day, M. (2009).** The Drug Resistance Strategies Project: Using narrative theory to enhance adolescents' communication competence. In L. Frey & K. Cissna (Eds.), *Routledge Handbook of Applied Communication* (pp. 535-557). New York and London: Routledge.
- Miller-Day, M., & Kam, J. (2009).** Investigating communication in families: Children, parents, and grandparents. In Eadie, W. F. (Ed.). *21<sup>st</sup> century communication: A reference handbook* (Vol. 1) (pp.303-312). Thousand Oaks, CA: Sage Publications.
- Miller-Day, M. (2007).** Talking with your kids about alcohol and other drugs: Are parents the anti-drug? In L. B. Arnold. (Ed.). *Family Communication: Theory and Research.* (pp. 335 – 343). Allyn & Bacon .
- Fisher, C., & **Miller-Day, M. (2006).** Communication in mother-adult daughter relationships. In K. Floyd and M.. Morman (Eds.) *Widening the family circle: New research on family communication.* Newbury Park, CA: Sage.
- Miller, M. (1998).** (Re)presenting voices in dramatically scripted research. In A. Banks and S. Banks (Eds.), *Fiction in social research: By ice or fire* (pp.67-78). Newbury Park, CA: AltaMira Press/Sage.

## ***Encyclopedia Entries***

- Hecht, M. L., & **Miller-Day, M. (2017)** “keepin' It REAL”: A case history of a drug prevention intervention. In R. Parrott (Ed.) *Oxford Research Encyclopedia of Communication. Vol. 2.* (pp. 305-320). Oxford University Press. doi: <https://doi.org/10.1093/acrefore/9780190228613.013.370>
- Miller-Day, M. (2017)** Family Communication. In Jon Nussbaum (Ed.) *Oxford Research Encyclopedia of Communication.* New York: Oxford University Press.
- Hecht, M.L. & **Miller-Day, M. (2014).** Narrative Engagement Theory. In T. Thompson (Ed.) *The Encyclopedia of Health Communication* (p. 909-911). Los Angeles, CA: Sage.
- Miller-Day, M. (2014).** Mother Daughter Dyad Communication. In T. Thompson (Ed.) *The Encyclopedia of Health Communication* (p. 893-896). Los Angeles, CA: Sage.
- Hecht, M. L., & **Miller-Day, M. (2013)** Narrative engagement theory. *Encyclopedia of Health Communication.* Los Angeles, CA: Sage.
- Miller-Day, M. (2013).** Mother-daughter communication. *Encyclopedia of Health Communication.* Los Angeles, CA: Sage.

# Research-Based Creative Activity

**Miller, M.** (April – August, 1986). *Tell Me A Riddle*. Created an original adaptation of the novel “Tell me a Riddle” by Tillie Olsen and directed the live theatrical productions of this adaptation. Funded by the National Endowment for the Humanities to assess performance of adapted literature and modalities for discussion of the literature. 15 Performances. .

**Miller, M.** (Feb., 1987). *Coping and Groping as a Stepped-On Parent*. Wrote an original stage script for live performance. Directed one performance. This script was developed for the purposes of conducting an experimental examination of performance as persuasion.

**Miller, M.** (April, 1990). *Killing Time*. Executive Producer of a drug resistance training music video docudrama.

**Miller, M.** (Sept., 1990). *Women’s Work*. Writer of an original script for public performance based on Ethnographic research into feminine cultural norms in the family, adapted for live performance. Director of three performances.

**Miller, M.** (May, 1994; May, Aug, 1993; May, Nov., 1992; May, Nov., 1991). *Two of Me*. Wrote original stage-play based on ethnographic research of mothers & daughters, adapted for live performance. Produced by Assemblage Theatre Company. Director of recurrent performances.

**Miller, M.** (Aug, Oct., 1999). *The general’s daughter*. Writer/director/performer of ethnographic research on mother-daughter relationships adapted for performance. Performances conducted in Canada and in the United States.

**Miller, M.** (Fall, 1999). *Ethnographic performance of family research*. Invited performance for a qualitative research seminar. Pennsylvania State University.

**Miller-Day, M.** & Hecht, M. L. (2000) (Producers). *Keepin’ it REAL curriculum videos*.

Hecht, M., Marsiglia, F., & **Miller-Day, M.** (2000) (Developers), Gosin, M., Drapeau, A. & Gonzalez, C. (contributors). *Keepin’ it REAL middle school drug prevention curriculum*. Arizona State University and Pennsylvania State University.

**Miller-Day, M.** (June, 2002). *Teen smoking PSAs*. Consulted on videos developed, written, directed, filmed, edited and produced by teens promoting anti-smoking messages. WPSX-TV.

**Miller-Day, M.** (June, 2005). *HOMEwork*. Writer/director of ethnographic research adapted for performance, based on survey, interview, and observational data collected to examine maternal work, parenting, and adolescent outcomes. Performance for legislators, program developers, and community members in Harrisburg, PA.

Hecht, M. L., & **Miller-Day, M.** (2009) (Producers). *DARE’s keepin it REAL videos: 7<sup>th</sup> Grade*. Five video productions. New York: Look Alive Films

- Miller-Day, M., & Hecht, M.L.** (2010) (Producers). *kiR Rural videos*. Five video productions. New York: Look Alive Films.
- Hecht, M. L., Colby, M., Bryant, A., **Miller-Day, M.**, et al. (2012). D.A.R.E.'s keepin' it REAL 7th grade drug Instructor manual. D.A.R.E. America and D.A.R.E. International Publishers.
- Hecht, M. L., Colby, M., Bryant, A., **Miller-Day, M.**, et al. (2012) (Writers/Producers). D.A.R.E.'s keepin' it REAL 7th grade drug prevention curriculum. D.A.R.E. America and D.A.R.E. International Publishers.
- Michael L. Hecht, Frank Pegueros, **Michelle Miller-Day**, Scott Gilliam, Bobby Robinson, Anita Bryan, Benita Cahalane, Margaret Colby, Allison Kootsikis, Karen Simon, Sunam Ellis, Jolene Cassa-Granier, Randy J. Wiler. (2013). D.A.R.E.'s keepin it REAL 5th grade drug prevention curriculum and instructor manual. D.A.R.E. America and D.A.R.E. International Publishers.
- Miller-Day, M., & Hecht, M.L.** (2013) (Producers). *DARE's keepin it REAL videos: 5<sup>th</sup> Grade*. Eighteen video productions.
- Miller-Day, M., Conway, J. J., Hecht, M. L.** (2013). REAL adventures of a very strange day. Drug prevention comic. Los Angeles, CA: D.A.R.E. Catalog.
- Raja, N., **Miller-Day, M.**, & Day, L.E. (2014) (Writers/Producers). *Call This Number*. An ethnotheatre production at Chapman University based on research conducted with family members of homicide victims. Collaboration with a Chapman student, creative activity, and community outreach.
- Miller-Day, M., Day, L.E., & Raja, N.** (2014 - present) (Translational Research Producers). *Call This Number*. Dissemination of script and coordination of community-based performances for victims' rights organizations and family services.
- Miller-Day, M.** (2015). *Mother-Daughter Communication*. Educational video explaining a key communication topic. SAGE Video.
- Miller-Day, M.** (2015). *Narrative engagement theory*. Educational video explaining a key communication theory. SAGE Video.
- Miller-Day, M.** [REAL Prevention LLC] (2016). *Celebrating Safely: A substance use prevention intervention for high school students* [Kit]. Los Angeles, CA: D.A.R.E. America and D.A.R.E. International Publishers.
- Miller-Day, M.** (Producer/Writer), & Rassulo, J. (Producer/Director). (2016). *Celebrating Safely* [Short Film]. United States: D.A.R.E. America and REAL Prevention.
- Verasim, D.A.R.E. America, REAL Prevention (**Miller-Day**). (2016). *D.A.R.E. mobile* [Mobile application software]. Retrieved from <http://itunes.apple.com>
- Greene, K., Ray, A., Hecht, M.L., **Miller-Day, M.** (2017). *REAL Media: Enhancing alcohol and tobacco media literacy curriculum* [Five e-learning modules].

- Miller-Day, M.** (Producer/Editor) (2018). *Lost and Found* [Stageplay]. Produced at the Chance Theatre.
- Miller-Day, M.,** & Hecht, M. (2019) (Writers/Producers), Matthews, A. (Director). Keepin' it REAL: Stories of Refuse, Explain, Avoid, and Leave.
- Miller-Day, M.** & Hecht, M.L. (Producers), Matthews, A. (Director). (2019). *Keepin' it REAL* (multicultural). [5 short substance use prevention films]
- Hopfer, S. (Writer), **Miller-Day, M.** (Producer/Editor), & Hecht, M.L. (Producer), Matthews, A. (Director).(2019). *Women's Stories*. [15 short films addressing HPV vaccination for young women.]Hopfer, S. (Writer), **Miller-Day, M.** (Writer/Producer/Editor), & Hecht, M.L. (Producer), Matthews, A. (Director). (2019). *Parent's Stories*. [6 short films addressing HPV vaccination for parents of young children.]
- Miller-Day, M.** (Producer), Mckee, B. (Director) (2019). *Student stories*. [4 short films addressing social and emotional learning for elementary youth.]
- Greene, K., Ray, A., Hecht, M.L., **Miller-Day, M.** (2020) (Developers). *REAL Media-O*. [Five online, self-paced e-learning modules to enhance media literacy surrounding pain medication marketing].
- Miller-Day, M.,** (Writer/Producer) & Hecht, M.L. (Producer) (2020). *HPV Men's Stories*. [4 short films addressing HPV vaccination for young men.]
- Miller-Day, M.** (Content Developer, Design). (2020) *Parenting Now!* [An online, e-self-directed e-learning course for parents of 10 to 14-year-old youth to provide information and practice in crafting messages regarding adolescent alcohol use and risky behavior.]
- Turissi, R., Ray, A., Hecht, M.L., & **Miller-Day, M.** (2020)(Developers). *REAL Parenting Talk*. [An online, self-directed e-learning course for parents of older teens, to provide information and practice crafting messages for older teens regarding alcohol use.]
- Pezalla, A., **Miller-Day, M.** & Hecht, M. L. (2021) (Developers). Student Athlete Wellness Portal. [An online, self-directed e-learning course for student athletes for education and prevention of opioid misuse.]
- Alford, A. & **Miller-Day, M.** (Hosts). (2022, September 25). Daughtering Matters in the Mother-Daughter relationship (No. 1) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS. <https://podcasts.apple.com/us/podcast/episode-1-daughtering-matters-in-the-mother-daughter/id1646886197?i=1000580576590>
- Miller-Day, M.** & Alford, A. (Hosts). (2022, October 9). Memorable Moments & Turning Points in the Mother-Daughter relationship (No. 2) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS. <https://podcasts.apple.com/us/podcast/episode-2-memorable-moments-turning-points-in-the/id1646886197?i=1000582036699>
- Alford, A. & **Miller-Day, M.** (Hosts). (2022, October 23). "Cherry Lane": A conversation about

maintaining connection in the Mother-Daughter relationship (No. 3) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS.<https://podcasts.apple.com/us/podcast/episode-3-cherry-lane-a-conversation-about/id1646886197?i=1000583553087>

**Miller-Day, M.** & Alford, A. (Hosts). (2022, November 6). Family Secrets: Why we tell them and what that means (No. 4) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS. <https://podcasts.apple.com/us/podcast/episode-4-family-secrets-why-we-tell-them-and-what-that-means/id1646886197?i=1000585245018>

Alford, A. & **Miller-Day, M.** (Hosts). (2022, December 22). Why adding "Daughtering" to our language is important (No. 5) [Audio podcast episode]. In Hello Mother, Hello Daughter. MERS.<https://podcasts.apple.com/us/podcast/episode-5-why-adding-daughtering-to-our-language-is/id1646886197?i=1000590695579>

## ***Non-refereed Publications and Reports***

- Miller, M. (1995). *Emergency room patient-front desk staff interaction in two urban Baptist Hospitals*. Final report submitted to Baptist Hospitals, Memphis, TN.
- Miller, M. (1997). *Free to be Drug Free ad campaign effectiveness*. Report the Tennessee Drug Prevention initiative and Media Development office.
- Miller, M. (1997). *The Drug Resistance Strategies Project*. Final report submitted to the Shelby County Sheriff's Office.
- Miller, M. (1998). *A measure of community awareness and the effectiveness of the Douglass police sub-station*. Report of a community-based survey. Memphis, TN.
- Miller, M. (1998). *University of Tennessee Family Practice Clinic: Patient-provider communication satisfaction report*. Final report submitted to the University of Tennessee Medical Group.
- Swanson, D., Miller-Day, M., & Wagstaff, D. (2003). *Sixth grade mother's use and perceptions of Harrisburg School District services: A report to administration*. Report to the Superintendent of the Harrisburg, PA school district.
- Miller-Day, M., & Dodd, A. (May, 16, 2005). Dialogue and personal examples work best in drug talks with teens. Centre Daily Times.
- Miller-Day, M. (2006). *Communication Competence in Advising*. The Penn State Adviser (3rd edition), PSU.
- Miller-Day, M. (2006). Talking with children about alcohol and drugs. *Family Focus: National Council on Family Relations Quarterly*, 58, 8-9.
- Miller-Day, M. (2007). Goal Setting for Advisers. *The Penn State Adviser* (4rd edition). Pennsylvania State University.
- Miller-Day, M., & Pezalla, A. (June 2008). Teens communicating identity: High school may not be so confidential. *Communication Currents*, 3(3).
- Hecht, M. L., Colby, M., Bryant, A., Miller-Day, M., et al. (2012). D.A.R.E's keepin' it REAL 7<sup>th</sup> grade drug prevention curriculum. *D.A.R.E. America and D.A.R.E. International Publishers*.
- Hecht, M. L., Colby, M., Bryant, A., Miller-Day, M., et al. (2012). D.A.R.E's keepin' it REAL 7<sup>th</sup> grade drug Instructor manual. *D.A.R.E. America and D.A.R.E. International Publishers*.
- Michael L. Hecht, Frank Pegueros, Michelle Miller-Day, Scott Gilliam, Bobby Robinson, Anita Bryan, Benita Cahalane, Margaret Colby, Allison Kootsikis, Karen Simon, Sunam Ellis, Jolene Cassa-Granier, Randy J. Wiler. D.A.R.E's keepin it REAL 5<sup>th</sup> grade drug prevention curriculum. *D.A.R.E. America and D.A.R.E. International Publishers*.
- Michael L. Hecht, Frank Pegueros, Michelle Miller-Day, Scott Gilliam, Bobby Robinson, Anita Bryan, Benita Cahalane, Margaret Colby, Allison Kootsikis, Karen Simon, Sunam Ellis, Jolene Cassa-Granier, Randy

- J. Wiler. D.A.R.E.'s keepin it REAL 5<sup>th</sup> grade drug prevention curriculum instructor manual. *D.A.R.E. America and D.A.R.E. International Publishers.*
- Miller-Day, M., Conway, J. J., Hecht, M. L. (2013). *REAL adventures of a very strange day*. Drug prevention comic. Los Angeles, CA: D.A.R.E. Catalog.
- Day, L.E., Miller-Day, M., Hecht, M.L. (2014). Pilot Evaluation and Short-Term Efficacy Study of the D.A.R.E. Elementary kiR Program. Research report submitted to D.A.R.E. America.
- Day, L.E., Miller-Day, M., Hecht, M.L. (2015). Pilot Evaluation and Short-Term Efficacy Study of the D.A.R.E. elementary kiR program. Report presented to the Scientific and Executive D.A.R.E. Boards.
- Nichols, N., & Miller-Day, M. (2015). A Program for Stress Reduction for Caregivers of Children with Autism Spectrum Disorders. Training and educational program developed for and provided to the The Center for Autism and Neurodevelopmental Disorders.
- Miller-Day, M. (2017). Feasibility study of D.A.R.E. Mobile elementary prevention program. Report presented to the Scientific and Executive D.A.R.E. Boards.
- Miller-Day, M., & Dorros, S. (2018). Orange County teen dating violence. Report presented to Laura's House domestic violence agency.
- Miller-Day, M., Day, L. E., & Dorros, S. (2018). *Teen Dating Violence in OC*. Laguna Niguel presentation on teen dating violence.
- Miller-Day, M. (2019) *Teen dating violence in Orange County, CA*. Report and presentation provided to the Orange County Consortium on Teen Dating Violence.
- Miller-Day, M (2019) *Substance use and intimate partner violence*. Report and presentation provided at for the Orange County domestic violence training institute.